

## Session 2

# GAZING ON GOD – THE ONE THING NEEDFUL

### Watch the clip “Gazing on God”

#### Questions to discuss

Read Psalm 16:8: *“I have set the Lord ever before me. Because he is at my right hand, I shall not be shaken.”* How in practice do we set the Lord before us when life is busy? How can we stay attentive to God through the day?

Can you share an example of a time you have found God’s presence in unexpected ways – in creation, in a hug, in the cry of the suffering? Are there times you ignore God’s presence and forget that he is near?

Read the story of Martha and Mary in Luke 10. Jesus says that ONE THING is needed - to give him attention. What stopped Martha from giving him attention? What stops us? Have you ever monitored what you spend your time looking at?

Read Psalm 27: 1-5. Why does David set such high priority on gazing on God. Why is it part of the ONE THING?

Have you ever set aside a morning or a day to seek God? What are the benefits? Could you put one in the diary?

Right now, set a reminder for every day this week on your phone or a piece of paper, *“The Lord is near”*.

Gazing on God doesn't mean disengaging from the world and its problems but rather responding with hope-filled vision. Is there a situation that God wants to give you a vision for?

**Watch Tina Cooke reading "A gaze is more than a glance"**

### **Praise**

Is there one truth from this session that you can praise God for?

### **Prayer**

That we will be those who set the Lord ever before us, seeing his world with godly vision.

